

# Pilgrims

## Teacher Training 2017 NLP & COACHING FOR TEACHERS

<b>Course Dates:</b>	<b>Course Location:</b>	<b>Course Fees:</b>	<b>Course Codes:</b>
9 July – 22 July	University of Kent at Canterbury	£1250	TNP28 2 weeks
6 August – 19 August	University of Kent at Canterbury	£1250	TNP32 2 weeks

**You can also add this course to your Europass CV.**

### Target audience

- Teachers of English, especially from secondary level and above
- Teachers trainers
- Academic managers
- School owners and principals
- You will need an **advanced level of English (C1 and above)** to participate on this course
- An NLP or similar background is also a recommended pre-requisite for this course

### Course summary

This course is very useful for teachers who want to find new, more effective ways to encourage students to work towards resolving their own challenges, set goals, and helps develop a sense of responsibility for their learning. The course also provides a large amount of English practice throughout.

### Programme of the training activities

- What is coaching? Working definitions
- Making desired changes
- Understanding emotional attitudes in oneself and in others
- How understanding emotional attitudes in oneself and in others affects accomplishing a task
- Seeing a situation from the point of view of others
- Realizing how our actions and words effect others
- Understanding your values and the values of others
- Using coaching in a group via cooperative learning strategies
- Using outcome thinking strategies
- Understanding different levels of coaching

### Description of training content

#### Preparation

Each applicant needs to send in a Teacher's Profile 4 weeks before the course outlining hopes and objectives for achievement as a result of attending this course. This action plan will be forwarded to the trainer.

#### Objectives

This course aims to focus on new skills and practices to educators wanting to improve their ability and confidence in teaching at its highest level.

#### Expected results

As a result of attending this course participants will be more empathetic teachers and more effective communicators.

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## Sample programme of the training activities day by day:

Please note this is an **example** of a daily programme. Course content may often be usefully adapted to incorporate the needs of each specific group.

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Morning 9:00 - 10:30	Getting to know the expectations of the group	What is NLP?	Qualities needed for coaching	Values and beliefs as learning blocks	Understanding differences – the perceptual positions
11:00 - 12:30	Outcome thinking/ setting goals for the course and as a tool for your students	The 4 pillars of NLP Rapport	The GROW model of coaching and how it combines with an NLP approach	Changing beliefs in a one to one session	The inner game of coaching and inner rapport
Afternoon 14:00 - 15:30	Defining coaching and its uses in education	Rapport	Feedback and stretching	Sensory acuity- noticing small changes	Week review and feedback

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Morning 9:00 - 10:30	Co-operative learning used as a classroom coaching tool	Repeated patterns: Levels of learning and change using Dilts logical levels	Mentors and mentoring  Re-framing Tool Box	Meta-language practice	Group project and presentation
11:00 - 12:30	Dealing with different personality types	Levels of Learning Practical Exercise	Beliefs assessment	Coaching practice session	Course summary
Afternoon 14:00 - 15:30	Empathetic listening	Guest Speaker: Other Models of coaching	Meta-language: The Language of Coaching	Feedback on coaching practice session	'A letter to the future' final feedback and farewells

## Recommended reading:

- "From Coach to Awakener" R. Dilts (Meta Publications) 2003

**Please note to do not need to buy or bring this book to the course with you.**

## Type of certification awarded:

Attendance certificate detailing topics covered, course content and the number of training hours.

## Is this the right course for me?

- Yes, if you're looking for new tools to make changes happen
- Yes, if you're looking to become a more effective communicator and classroom leader
- Yes, if you want to a course that gives personal development and skill acquisition

## If this is not the right course for you, please consider the following:

- ***Dealing with Difficult Learners***
- ***How to be a Teacher Trainer***

## Contact details:

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